

CROSSCHOP

Official Newsletter of the NORTH BAY POWER AND SAIL SQUADRON

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Boating In A Pandemic

The restrictions are being lifted but it's still important to wash your hands, physical distance and stay home if you are sick. As well, many cities are mandating that you wear a mask indoors in public places.

The Ontario Government now state that in most areas of Ontario up to 100 people can meet outside and 50 inside, as long as they can maintain 2 metres apart. When you are outside on your boat, remember if people are outside your "social circle" to maintain your distance.

We are doing very well, but are not out of this yet, so please continue to be vigilant.

Don Whyte Passes Away

We regret to inform you Don Whyte passed away at the North Bay Regional Health Centre on Thursday, June 25, 2020. He was 88 years old. He was the husband of the late Janet Sylvia (nee Hahn), the loving dad of Janet Hicks who was Don's caregiver, and Iain Whyte and his wife Colleen.

As a proud member of the Power and Sail Squadron for 42 years, Don was an active and very skilled member who always had great stories to tell. Don served with the RCAF for 34 years, before retiring in 1986 as a Wing Commander.

He will be missed by the many boaters and sailors in the area.

AGM & Elections

Thursday, Sept. 10

19:00 h

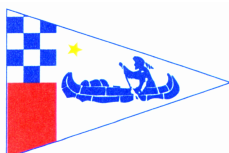
Place: TBD

Come out to elect your Bridge for the upcoming year and find out all that the North Bay Power and Sail Squadron have accomplished this year.

We are hoping to be able to have an in person meeting, but will confirm the details in late August.

nbpss.on.ca

 facebook.com/northbaypowerandsail/



North Bay Power and Sail Squadron is
a division of the Canadian Power and Sail Squadron



JULY 29

Weather for Boaters Webinar from 20:00-21:30 h.
[Register online here.](#)

AUG 12

Chart Reading for Beginners Webinar from 20:00-21:00 h.
[Online registration only.](#)

SEPT 9

AIS For Recreational Boaters Webinar starting at 20:00 h.
[Online registration here.](#)

SEPT 10

Our Annual General Meeting and Elections will be held at 19:00 h.
Place TBD.

OCT 14

Celestial Navigation in a Nutshell Webinar from 20:00-21:30 h.
[Register here.](#)

NOV 11

Tropical Weather for the Winter Boater at 20:00 h. [Register online here.](#)

DEC 9

Tides and Currents Webinar from 8 - 9:30 p.m. [Register online.](#)

Nominating Committee Report

Dated: June 2, 2020 for 60th AGM

The Squadron Nominating Committee nominates the following Members for election as Squadron Officers for 2020 / 2021:

Squadron Commander: Christine Brown
Executive Officer: Jill Faulkner
Educational Officer: Anne Taylor AP & Elizabeth Appleton
Financial Officer: Andy Geseron
Secretary: Jill Faulkner

The following members are also willing to serve on the Squadron Bridge. Their specific areas of responsibility are listed below.

Membership: Rev. Grant Churcher S
Public Relations: Anne Taylor AP
Supply: Anne Taylor AP and Andrew Taylor
Administration: Andrew Taylor

Additionally, your Nominating Committee recommends the appointment or re-appointment of:

MAREP: Doug Hay AP	Newsletter: Jill Faulkner
Environmental: Doug Hay AP	Historian: Doug Hay AP
Yacht Club Liaison: Jill Faulkner	Officer At Large: Michael Eedy P
E-Communications: Terry Lang AP	Officer At Large: Kym Eedy P

Sandra Hay AP has agreed to sit as Financial Reviewer.

Respectfully Submitted,

P/Cdr Anne Taylor AP Cdr Christine Brown Doug Hay AP, Chair

NOTE:

Due to an extra-ordinary situation where the immediate PP/Cdr is unable to fulfil the responsibilities of the nominating committee per Squadron policies, the duties have been assumed by the immediate P/Cdr, next previous P/Cdr available and the current Cdr.

Any member at large is fully entitled to submit nominations for the above offices providing he/she follows the requirements laid down in Squadron Regulations, Article 12, which is quoted here for your information.

"Article 12 – Eligibility"

12.1 No member of this Squadron shall be eligible for election as provided in Section 11.6.1 of these Regulations at any Annual General Meeting unless nominated by the Squadron Nominating Committee or by a petition in writing signed by not less than five Members of this Squadron who (the petitioners) shall confirm the consent of their nominee to such nomination. All such nominations:

- "By the Squadron Nominating Committee, shall be filed with the Squadron Secretary at least four weeks prior to the date of the meeting at which such election shall take place, and it shall be mailed not less than 14 days before the meeting or,
- by petition, shall be filed with the Squadron Secretary not less than two days prior to the date of the meeting at which such election shall take place."

Avoid Lightning

Summer storms are upon us. Find out [how to avoid lightning strikes](#) on your boat.

Pollen

Wonder why we had so much pollen on your vehicle and boat this year? Here is [an explanation](#) from Nipissing University in Baytoday.

Sail Plan App

The Sailing Plan™ is an app to create, file and share sailing plans. The system activates automatically and forwards the details to the contacts set by the captain. For details, visit <https://sailingplan.ca/>

CROSSCHOP is a quarterly newsletter for members of North Bay Power & Sail Squadron. It is published January, March, June, and September.

We believe the information in this publication is accurate and reflects contemporary expert opinion. However, NBPS assumes no responsibility or liability for the accuracy or sufficiency of this information, nor does it endorse any product, system or method not originating from CPS that is mentioned in this publication.

If you have any stories, photos, or other ideas, please contact the editor, Jill Faulkner at 705-493-7131 or nautical4life@gmail.com.

We are online at nbps.on.ca or on Facebook.

Online Courses

While the pandemic restricts in-person courses, you will find there are still online training sessions. And they're free! For more information on these seminars, visit: <https://www.cps-ecp.ca/course-catalog/webinar-series/>

Weather for Boaters

July 29, 2020 8:00 p.m. EDT

This is an excellent review/refresher course. Weather For Boaters is an excellent primer for the more advanced CPS course, Introduction to Weather For Recreational Boaters. Rather than watching Netflix or TV reruns, you can just sit and listen to this well presented overview of Weather. Highly recommended!

Register for this webinar at: <https://register.gotowebinar.com/register/7990918866402942736>

Chart Reading for Beginners

Aug. 12 at 8 p.m. EDT

This is an excellent teaser for the boater who has his/her PCOC, but would like to learn more navigation and seamanship skills, and get a glimpse of the information and courses available. Subjects cover the latitude/longitude system navigators use to locate points on earth's surface, basic navigation chart reading, the magnetic compass, tides and currents, and buoyage systems.

Please register at: <https://attendee.gotowebinar.com/register/3101972297964317199>

AIS For Recreational Boaters

Sept. 9 at 8 p.m. EDT

AIS or Automatic Identification System, is a wonderful collision avoidance aid for those who do their boating in areas with a moderate to high volume of heavy shipping traffic. This seminar will help you decide which is the best unit for your needs.

You can register at: <https://attendee.gotowebinar.com/register/4013728021646597135>

Celestial Navigation in a Nutshell

Oct. 14 at 8 p.m. EDT

This seminar was written by a skilled navigator. Just right if you want to do some serious offshore cruising and need a Plan B to back up your electronic navigation equipment. This is an excellent introduction to the two celestial navigation courses offered by Canadian Power and Sail Squadrons, and covers all the basics.

Register here: <https://attendee.gotowebinar.com/register/1256696017928636687>

2018-19 NPSS Bridge

COMMANDER
Christine Brown

EXECUTIVE OFFICER
Vacant

ENVIRONMENT OFFICER
Doug Hay

EDUCATION OFFICER
Vacant

SECRETARY/NEWSLETTER
YACHT CLUB LIAISON
Jill Faulkner

SUPPLY OFFICER
Kym Eedy P

TREASURER
Andy Geseron

MEMBERSHIP OFFICER
Rev. Grant Churcher S

PUBLIC RELATIONS
OFFICER/PAST
COMMANDER
Anne Taylor AP

ELECTRONIC
COMMUNICATION
Terry Lang AP

MAREP
George Graham AP

SQUADRON HISTORIAN
Ivan Gough

ADMINISTRATIVE OFFICER
Andrew Taylor

AUDIT REVIEW
Sandra Hay

Tropical Weather for The Winter Boater

Nov. 11 from 8 - 9:30 p.m.

Many boaters spend some of their winters sailing in tropical waters. The meteorology behind winter weather in the Tropical Zone is very much different from that which we experience here in the mid-latitudes. This seminar gives you a quick review of mid-latitude weather, and then explains the differences you would find in the tropics, and why they are different.

Register at: <https://attendee.gotowebinar.com/register/2008965380978722319>

Tides and Currents

Dec. 9 at 8:00 p.m.

Anyone who does all or most of their boating on our oceans must have an intimate knowledge of tides and the sometimes dangerous currents they can generate. This seminar is an overview of tidal basics and is an excellent primer for the CPS courses, Near Shore Marine Navigation Level 1 and Level 2.

Register at: <https://attendee.gotowebinar.com/register/670555165254500367>

Find the Best Life Jacket For You

The best life jacket is the one you'll wear all the time. Using common sense while operating your boat safely includes wearing a personal flotation device before leaving the dock and asking everyone on board to do the same.

Annual studies of recreational boater fatalities consistently show marginal success for putting on a life jacket in an emergency. Conditions change too quickly. Even in calm conditions, it's almost impossible to put one on in the water because of its buoyancy.

Life jacket requirements

You are required by law to have a lifejacket or PFD (Personal Flotation Device) on board for each person on a watercraft. This includes [human-powered craft](#).

A lifejacket is your best defence against [cold-water shock](#). A sudden fall into cold water can seriously affect breathing, nerves, and muscle strength. A lifejacket gives you thermal protection as well as keeping you buoyant.

Most recreational boaters who die on the water are not wearing flotation devices, or are not wearing them properly.

Selecting the proper jacket

Choose a life jacket approved by Transport Canada, Canadian Coast Guard, or Fisheries and Oceans Canada for your intended type of boating. For example, life jackets for paddle boaters have large arm openings to facilitate paddling. Those for high-speed watersports require more straps and buckles with less bulk. These design features keep the jacket on if the boater falls into the water at high speeds.

All personal flotation devices should have a whistle and light attached. They should be made of high-visibility material to speed recovery operations. Open water jackets should have reflective tape to help with night recovery.

Try on your life jacket to see if it fits comfortably snug. Fasten all zippers, belts, and snaps. Pull up on the jacket shoulders to ensure that it doesn't ride up and interfere with movement or breathing. Test it in shallow water to see how it handles.

Inspect your jacket before every outing. Check for rips or tears, intact seams and properly working fasteners. Adjust the fit, and label your jacket with your name for easy identification.

Other factors to consider

To check the buoyancy of your life jacket in the water, relax your body and let your head tilt back. Make sure your chin is above water and you can breathe easily. If your mouth isn't well above the water, get a new one or one with more buoyancy. Most adults only need an extra 7 to 12 pounds of buoyancy to keep their heads above water.

Your weight isn't the only factor in determining how much buoyancy you need. Body fat, lung size, clothing and whether the water is rough or calm all play a part.

Caring for your life jacket

Follow these pointers to keep your personal flotation device in good shape:

- Don't alter your life jacket. If it doesn't fit, get one that does. Play it safe. An altered

personal flotation device may not save your life.

- Don't put heavy objects on it or use it as a kneeling pad or boat fender. They lose buoyancy when crushed.
- Let it drip dry thoroughly before putting it away. Always stow it in a well-ventilated place.
- Don't leave your life jacket on board for long periods when the boat is not in use.
- Never dry it on a radiator or any other direct heat source.
- Do not dry clean. Use mild soap and water.

NOTE: If you think your personal flotation device has been exposed to the COVID-19 virus, you should take extra precautions. You can find those steps [here](#).

Checking your life jacket

Check your device for rips, tears, and holes. Ensure that seams are intact and that fabric straps and hardware work. Check for signs of waterlogging, an odour of mildew or shrinkage of the buoyant materials.

Users of inflatable life jackets should follow the manufacturer's instructions for annual testing and pre-boating checks. Replace used or punctured carbon dioxide cylinders, and rearm.

If your jacket uses bags of kapok (a naturally buoyant material), gently squeeze the bag to check for air leaks. If it leaks it should be thrown away. When kapok gets wet, it can get stiff or waterlogged and can lose some of its buoyancy.

Don't forget to test each device at the start of each season. Remember, the law says your personal flotation devices must be in good shape before you use your boat. Ones that aren't serviceable should be cut up and thrown away.

To sum up, read the label on your life jacket to be sure it's made for someone your weight and size. Test it. Then, in an emergency, don't panic. Just relax, put your head back, and let your life jacket help you come out on top.

From: [Boating Compass](#) and [Transport Canada](#)